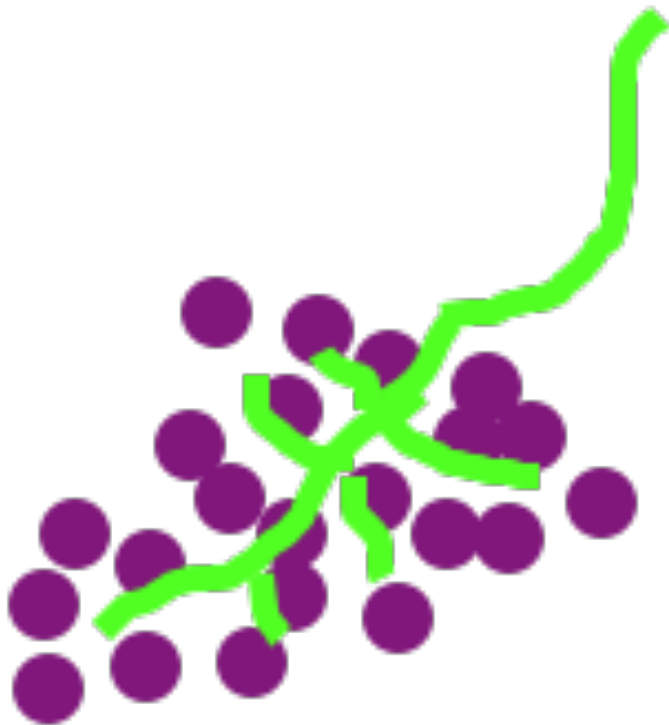


Ancient Greece



TRADITIONAL FOOD

They mainly ate bread made from wheat and porridge made from barley. They used a lot olive cooking oil to add flavour to their food. They also ate some different vegetables including chickpeas, olives, garlic, onions, and cabbage. Their main source of protein was fish because they lived near the sea. Another source was milk and cheese, because some families kept a goat. Meat was only eaten at religious festivals. The Greeks loved wine and thought it was a gift from the god Dionysus, the god of wine and fertility.



Clothes

Greek clothes were made from wool or linen from a plant called flax. They used a tunic for men and women called chiton. It was 2 rectangles fastened together with brooches or pins and gathered at the waist with a belt to hold it. In cold weather they used himations.

They were bare foot or they wore sandals made from leather if they were at home or at a temple



Gods and Goddesses

Zeus, Poseidon, Hades And



These 4 gods were siblings and very powerful gods according to Greek mythology.

Zeus was the king of the gods and had a throne on mount Olympus.

Poseidon was the god of the sea had a bad temper and rode a "sea horse" for transportation.

Hades was the god of the underworld and also known for wealth and has a 3 headed dog.

Hestia was the goddess of houses and hearth but not much myths are about her.

The Trojan War

The Trojan War was a war about the Greeks and Trojans. The Trojans had very high and thick walls with arches raining down on the Greeks. The Greeks didn't even bother so they let them win but then a Greek took advantage and came up with an idea about a Trojan Horse. The Trojans looked out of what they were building. It was a horse 8 feet tall and when it was finished there were soldiers hidden in it. When the town pulled the "gift" in and the guards and village was sleeping they snook out the trapdoor and gave a signal to the ships and tied up the guards and then the Greeks won the war.



Greek alphabet

Some of the letters are similar to our alphabet and the letters are pronounced as words

Α Alpha (al-fah)	Β Beta (bay-tah)	Γ Gamma (gam-ah)	Δ Delta (del-ta)	Ε Epsilon (ep-si-lon)	Ζ Zeta (zay-tah)
Η Eta (ay-tah)	Θ Theta (thay-tah)	Ι Iota (eye-o-tah)	Κ Kappa (cap-pah)	Λ Lambda (lamb-dah)	Μ Mu (mew)
Ν Nu (new)	Ξ Xi (zie)	Ο Omicron (om-e-cron)	Π Pi (pie)	Ρ Rho (roe)	Σ Sigma (sig-mah)
Τ Tau (tav)	Υ Upsilon (up-si-lon)	Φ Phi (fie)	Χ Chi (kie)	Ψ Psi (sigh)	Ω Omega (oh-may-gah)

Cronus and Rhea

**These 2 gods were the parents of
Hestia, Hera, Poseidon, Zeus, Hades
and Demeter**

Chronus was the god of time and the youngest of the Titans.

Rhea was the earth goddess and a Titan.